

THE SCIENCE OF FATHERHOOD

by Soren Johnson

A GROWING BODY OF RESEARCH REINFORCES LESSONS ABOUT THE ESSENTIAL ROLE OF FATHERS

Here's a message you don't hear too often: As a father, **you really matter**. You are needed at home and in the wider world to do things only a dad can do. You can make all the difference in the lives of your children no matter their age.

Though common sense to many, these simple principles are often lost in our culture. But the truth is coming out in the best studies in psychology, social science and family dynamics. The bottom line is that a father is vital to the health and welfare of his children and the family. Mothers, of course, are indispensable and often take a larger share of child and home care. Yet due to distinctive differences in the ways mothers and fathers interact with their children, families thrive when a mom and a dad work together.

With this in mind, here are five facts guaranteed to bolster your image as a father.

1. Studies extol your role. The outcomes of children who have a father at home compared to those without a father tell a big part of the story. Research shows that in father-absent homes children are twice as likely to drop out of high school, seven times more likely to become pregnant as a teen, and many times more likely to abuse drugs, experience physical or sexual abuse or run afoul of the law. Be there, dad, to give your kids the love and stability they need to succeed in life.

2. You have an edge. Popular culture exerts many negative pressures on kids today, from addictive social media distractions to internet pornography. Yet parents still have the inside line to the hearts and minds of their children. So, use your home-field advantage by forming them in virtue from a young age and setting a good example. If your kids see you doing the right thing even when it's difficult, they will be more likely to follow your guidance and rules.

3. Your prayer is positive. Studies show that prayer has many practical benefits, such as better moods, lower blood pressure, less stress and anxiety and increased willpower to overcome bad habits. Be a man of prayer at home. Show your boys, especially, that kneeling before God requires the strength of humility.

4. Your time counts. No pressure, dad, but from the time you see that little one for the very first time, the clock is ticking. You must make a decision then, and every day after, to be an involved father. Yes to cuddling, to roughhousing, to making the ball games, rehearsals and special moments. The payoff is huge, as studies show that every hour you invest with your child will help them reap priceless benefits in terms of future health, relationships and career.

5. Your leadership is key. Don't leave the family's faith life solely to your wife. Not only is that a major personal mistake, but it could be a disaster for your children. A popular study indicates the outsized influence of a father on the religious practice of his children. In fact, it can be safely said that your faith serves as a model for your kids well into adulthood.

Go to Mass with your wife and children, pray together regularly at home, read the Sunday Gospel as a family the evening before Mass. The most powerful witness of faith that your children experience may very well be your own. So tell them what your Catholic faith means to you and the times when God has touched your life.

The ultimate role of a father is to help his children get to heaven. The benefits are eternal and the journey starts today.

This article, which is re-printed from the August 2018 issue of *Columbia*—a publication of the Knights of Columbus, is condensed from a six-part series that is available as a digital booklet. To get your free copy, email fatherhood@kofc.org.

For those men in our parish interested in joining the Knights of Columbus, please contact Bill Lueckenotte by email at bjlueckenotte@gmail.com

From Father Totton's Desk:

This week, I have been invited to attend the *Word on Fire* National Conference for Priests hosted by the Napa Institute at which (my former seminary professor) Bishop Robert Barron will present talks on preaching and its role in evangelization. As I said to a parishioner earlier this week, "it couldn't hurt!" Nevertheless, I look forward to the opportunity to gather with faithful priests from across the country to sharpen our preaching skills. Please pray for these men, and for all priests, that we may continue to seek the path to personal holiness in order to truly lead and guide the faithful into an encounter with Jesus Christ, the Bread of Life. -Fr. Totton



700 W Maple St.

Plattsburg, MO 64477

Office Phone: 816-539-2634

Email: stann001@centurytel.net

Father Joseph Totton, Administrator

Phone: 816-294-9841

Email: fathertotton@gmail.com

Legion of Mary

Sherry Kutz, President

Hank Lagerman, Vice President

Carleen Miller, Secretary

Eileen Lagerman, Treasurer

Faith Formation Team

Teresa Marie Koch—Leader

Roxanne Durando

Greg Kittelson

Terry Miller

Knights of Columbus

Grand Knight

Steve Van Horn

Email: stann001@centurytel.net

Website: www.stannplattsburg.org

Business Manager: Marge Kinney

Hall Rental: Leave a message on the office phone

ST. ANN'S PARISH

Sunday, August 19, 2018

**Twentieth Sunday in
Ordinary Time**

Saturday: 4:00 pm Sunday: 10 am

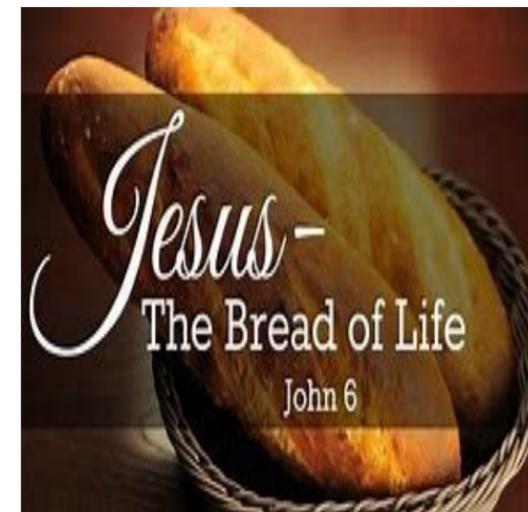
Confessions: Saturday 3pm

*** No Weekday Mass Aug. 20—Sept. 7***

Rosary Novena will be held as follows:

Monday, Wednesday - Friday: 7:30am

Tuesday 5:30pm



Parish Council

Paul Broderick

Randy Dalinghaus

Carole Harris

Diane Hon

Marge Kinney

Julie Moran

Eric Niemann

Claudia Ziegler

Altar Society

Loretta Broderick, President

Pat Clingan, Vice President

Shirley Schwery, Secretary

Lori Broderick, Treasurer

To Protect our Children:

Report Abuse

Ombudsman: Jenifer Valenti – 816.812.2500
Diocesan Victim Advocate, Kathleen Chastain,
at 816.392.0011 or chastain@diocesekcsj.org



Ministry Schedule

Bill Lueckenotte has volunteered to coordinate scheduling for liturgical ministries beginning with the September Schedule. If you know of a particular date on which you are unavailable to serve at Mass in any capacity, please contact him via email bjlueckenotte@gmail.com or telephone (816) 304-6221.

Saturday, August 18: 4 pm

Ushers: Open
Lectors: Clare Pelzel & Bill Lueckenotte
EMHC: Charlie Harper & Judy McKowen

Sunday, August 19: 10 am

Ushers: Mindy Beall, Eric Whitlow, JC Roberts, Vince Seiler
Lectors: Karen Trotter & Dino Durando
EMHC: Mary Ann Downey & Joan Seiler

NURSING HOME MINISTRY

Oakridge: Mary Ann Garton

MONEY COUNTERS

Karen Trotter & Chris Koch

Saturday, August 25: 4 pm

Ushers: Open
Lectors: Clare Pelzel & Bill Lueckenotte
EMHC: Della Mallen & Elaine Stoll

Sunday, August 26: 10 am

Ushers: JC Roberts, Vince Seiler, Herman Gillotte, Eric Niemann
Lectors: Terry Miller & Paul Broderick
EMHC: Vince Seiler & Chris Broderick

NURSING HOME MINISTRY

Oakridge: Mary Ann Garton

MONEY COUNTERS

Paul & Lori Broderick



Novena for Our Nation Began Aug. 15!

Everyone from around the nation is encouraged to join ranks as, united, we pray the very powerful 54 Day Rosary Novena from the Feast of the Assumption on August 15 to the Feast of Our Lady of the Rosary on October 7:

www.novenaforournation.com.

Starting on August 15 pray the Joyful Rosary, day 2 pray the Sorrowful Rosary, day 3 the Glorious Rosary. Then start over on day 4 continuing until you have completed a rosary each day for 27 days in petition for our Nation. Then follow with another 27 days of thanksgiving the same as the first 27 days ending on October 7 the day of the Coast to Coast Rosary Rally: (Rosary Coast to Coast).

Cursillo Weekend



Every 6 months a 3-day Cursillo retreat takes place. Men and women in the parish are invited to take part. Several parishioners have made one and would be willing to sponsor a new member.

If you want to find out about it please call Richard or Diane Hon (816) 682-3839

GOOD SHEPHERD PARISH - SMITHVILLE

Eucharistic Adoration Exposition of the Blessed Sacrament is the 1st and 3rd Sundays of each month following 10:30 Mass, closing at Midnight. All are welcome. Please use the east door and ring the adoration doorbell and someone will let you in.

DO YOU FEEL YOU HAVE BEEN BETRAYED?

Have you discovered your husband viewing pornography?

Don't know where to turn?

Can your marriage survive this betrayal?

There *IS* help and hope for healing.

Enduring Love is a confidential group provides support for women whose husbands have battled infidelity or pornography; this is an ecumenical ministry approved by the diocese.

Contact: **Robyn Brumble: (816) 560-7052** for more information

www.bloomforcatholicwomen.com is an on-line resource to help women recover from the betrayal trauma.



Prayer Corner

"To everything there is a season and time... for every purpose under heaven." Ecc. 3-11

"...a time to heal.."

JB Lile, Tricia Wolf, Breanna Beall, Sandy Mathewson, Nancy Totton, Amy Spriesterbach

"...a time of war and a time of peace..."

We pray for the safety of all our service men and women who serve our country, especially:

Cpt. Matthew Solomon

Sgt. Jeremy S. Clingan

1st Saturday Mass and Confessions at Mir House of Prayer.

Fr. Christian Malewski,

Pastor of Our Lady of Guadalupe Parish, offers Confession at 7:00 am and Mass at 8:00 am every first Saturday of the month at Mir House of Prayer, 6492 NE Hwy 6 in St. Joseph, MO.

SAVE THE DATE: SEVEN DOLORS CHURCH

12750 Hurlingen Road, Easton

Come join us for some good food and family fun!

Autumn Food & Fun Saturday, Sept 15 - beginning at 4 pm
Picnic Style Dinner for \$10 (includes 4 tickets to play any games) Grilled Hamburger or 2 Grilled Hot Dogs/Chili Dogs
Baked Beans, variety of Chips, Homemade Desserts, Ice Tea or Water

Bingo – Dessert Walk - Pop Toss– Jingle Board Silent Auction -
Country Store Grindstone Winery -Wine/Beer Soda
Bottled Water - Ice Cream for sale on grounds



Mass Intentions

Saturday, August 18: 4 pm Jean Gassman+

By: Charles & Betty Harper

Sunday, August 19: 10 am People of the Parish

*** No Weekday Mass Aug. 20 - Sept. 7 ***

Saturday, August 25: 4 pm People of the Parish

Sunday, August 26: 10 am Mark Schwery +

By: Al & Shirley Schwery

Weekend Collection August 11&12, 2018

Envelopes: \$2,189 Plate: \$276 Candles: \$24

Total Parish: \$2,502

2nd Collection: Aug. 18 & 19 - Diocesan Life & Justice

Collections:

August to Date: \$ 4,187.00

August Budget: \$11,831.42

Year-To-Date: \$ 16,646.50

Yearly Budget: \$141,977.48

Thank you for supporting St. Ann's Parish

MEETINGS and Events

Adoration: No First Friday Adoration in September

Altar Society Meeting - Next mtg is Sept. 7

Knights of Columbus: 3rd Tues. of the month 6:45 pm

Church Cleaning: August - Group 2

Donut Sunday: August 26 - Open

LEGION OF MARY will be meeting on Monday evenings at the home of Sherry Kutz.

Please see Terry or Carleen Miller for directions.



Donut Sunday Sign-Up Sheet

on table in Narthex.

We need volunteers!



YEARLY OFFERING ENVELOPES

If you have not picked up your 2018-19 envelopes please see either Fr. Totton or Judy McKowen.

The boxes are in my office.

Thank you! - Marge

The Diocese of Kansas City-St. Joseph is committed to combating sexual abuse in the Church. If you are a victim of sexual abuse, or if you observe or suspect sexual abuse:

1. Call the Missouri Child Abuse Hotline at 1.800.392.3738 (if the victim is currently under the age of 18), and
2. Contact your local law enforcement agency or call 911, and
3. After reporting to these civil and law enforcement authorities, report suspected sexual abuse of a minor or vulnerable adult to the Diocesan Ombudsman, Jenifer Valenti, at 816.812.2500 or JeniferValenti@att.net, if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph.

The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families.

Please contact Victim Advocate, Kathleen Chastain, at 816.392.0011 or chastain@diocesekcsj.org for more info.